

# AMERICANA

Kitchen

358 W Freemason St  
Norfolk Va

"Our Kitchen is Your Kitchen"



## MENU

757-759-2030

Call for details

### refreshment

#### Smoothie \$9

milk choice: almond | coconut milk or water | oat | whole yogurt → avocado-\$1

strawberry | banana | flax | milk choice | yogurt

orange | banana | blueberry | milk choice | yogurt

spinach | pineapple | chia | milk choice | yogurt

Create Your Own- 5 Ingredients

#### Juice \$10

cucumber | celery | spinach | pineapple | coconut water  
carrot | apple | beet | orange | ginger

Create Your Own- 5 ingredients

### sweets & treats

#### Kitchen Cookie 3/\$5

oatmeal-chip/chocolate chip/kitchen sink

#### Kitchen Granola

4oz-\$3 / 8oz-\$6 / 16oz-\$10

#### Scratch Kitchen Bread Pudding \$7

GF available \$8

Customize your meals to fit your dietary wants & needs!  
Customizations may incur extra cost

[Americanakitchennfk.com](http://Americanakitchennfk.com)  
[@Americana.kitchen.nfk](https://www.instagram.com/Americana.kitchen.nfk)

### night nosh

#### Sautee or Grill

Chicken \$16/Beef \$17/Seafood \$18

choice: brussels/ spinach/broccoli/kale

choice: sweet potato / white potato/

seasoned rice

#### Shrimp & Grits \$18

jumbo shrimp / peppers / onions / celery /

spicy sausage / cheese grits

#### Kitchen Pasta \$15

Scratch Pappardelle Primavera

broccoli / onion / tomato/ parmesan

ADD chicken 16/ beef 18/ seafood 20

#### Stuffed Seasonal Vegetable \$16

quinoa/ kale/ mushroom/ broccoli/ parmesan

### what's cookin'

MONDAY- Pasta Night

TUESDAY- BOGO, buy one, get one half off

WEDNESDAY- Chicken n Waffles

THURSDAY-Burger Night

FRIDAY & SATURDAY- check out  
our 3-course meal option!

Reservations encouraged

## rise & grind

Eggs Your Way \$13  
2 eggs/ potato hash / bacon or sausage  
steak[+\$3]

French Toast or Pancakes \$14  
choice of bacon or sausage

Oats Bowl \$9

fresh fruit / chia / flax

Breakfast Wrap \$12

-bacon / egg / quinoa / cheese

-sausage / egg / quinoa / cheese

-spinach / peppers / onion / black bean /  
mushroom / quinoa / cheese

-Custom wrap \$12-15

## midday

Wrap or Sandwich \$14

grilled chicken or fish / spinach / cucumber /  
tomato / everything mayo

Kitchen Salad \$13

local micro greens / cucumber / onion / tomato  
avocado / Kitchen dressing /

ADD-chicken-\$3/shrimp-\$5/steak-\$4

Soy-Garlic Lettuce Wraps \$15

grilled chicken / quinoa / tomato /  
cucumber / queso fresco /

shrimp-\$16 / steak-\$18

Grain Bowl \$15

mixed grains / grilled chicken / bell pepper /  
onion / tomato / black bean /

shrimp-\$16 / steak-\$17

## build your own ready made meals

### packages

6 MEALS \$85

8 MEALS \$115

10 MEALS \$135

## rise & grind

### PICK 1

\*2 eggs  
\*oatmeal  
\*pancake  
\*waffle

### PICK 1

\*bacon \*sausage  
\*steak[+\$3]

### PICK 2

\*strawberry \*banana  
\*orange \*blueberry  
\*avocado \*apple  
\*spinach \*kale

## midday

### PICK 1

\*salad \*wrap  
\*bowl-rice or quinoa

### PICK 1

\*Chicken \*fish  
\*beef

### PICK 2

\*peppers \*onion  
\*avocado \*mushroom  
\*spinach \*tomato \*carrot  
\*beet \*avocado

## night nosh

### PICK 1

\*salad \*rice  
\*fresh pasta

### PICK 1

\*chicken \*fish  
\*beef

### PICK 1

\*spinach \*peppers \*onion  
\*avocado \*mushroom  
\*cucumber \*celery \*carrot  
\*beet \*tomato